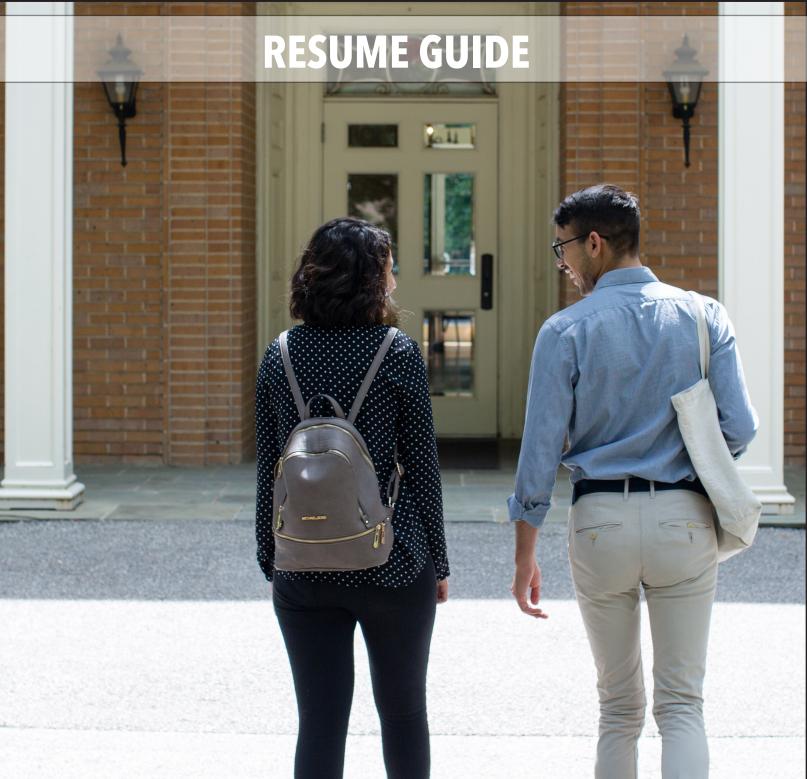
### PETER AND NANCY HUFF HOUSE



### **RICE CENTER FOR CAREER DEVELOPMENT**





### Do you need a resume as a freshman?

**Yes!** Many people may ask you for your resume, both on and off campus. If you are looking to get involved in undergraduate research, expect your future faculty supervisor to ask for your resume. If you are seeking a fellowship, grant, or scholarship, you will likely need to submit a resume as part of your application. Thinking about applying to internships or summer jobs? You will need a resume!

### What's a resume?

#### A resume is your personal marketing material.

A resume is intended to get you an interview, where you will have a chance to further describe what you can contribute to an organization and differentiate yourself from the competition. The key is to keep your resume well organized, concise, and accomplishment-focused.

# Will my high school resume work?

**No.** Generally High School resumes are long, multi-page lists of what you have done. Though helpful when applying to college, this is not what employers are expecting from a college student. College resumes represent a story of what you can do, of how you can fit into their organization and contribute to the organizational goals.

### How should I begin writing my college resume?

Begin by brainstorming a list of experiences and skills that you might want to include in a resume. Consider your academic background, paid and volunteer work or internships, research projects, extracurricular activities, awards, and special skills. Once you have compiled your list, you can start organizing this information into the appropriate categories and focus on tailoring the information you include to your target industry.

#### Optimal Resume, found in the resource section of Handshake , can be a excellent tool to help you craft your resume.

What sections should I include in my college resume? It depends. Everyone's experience is unique, so your resume will likely look different than some of your peers. Below are some common sections that we typically recommend for Rice students and alumni. However, many of these may overlap and it is not wise to include all of these sections. Be sure to come to the Center for Career Development (CCD) or talk to a Peer Career Advisor (PCA) to discuss how you can best market yourself through your resume.

- Education
- Relevant Coursework
- Relevant Projects
- Relevant Research
- Research Experience
- Professional Experience
- Work Experience

- Internship Experience
- Leadership Experience
- Activities
- Community Involvement
- Skills
- Awards & Honors
- Certifications



### **Developing Bullet Points**

Bullet points are the most important information on your resume, as they serve as the vehicle in which you can display the skills and experiences employers are seeking. Crafting the perfect bullet point takes time and effort as you highlight your experiences/skills as they relate to the position. Your bullet points should be tailored to the job/internship description to put you in the best position to be selected for an interview. By following the formula below, you will create the complete, fully realized bullet points that employers expect. You will also want to <u>quantify</u> your bullet points in order for employers to understand the context of your work.

### Action Verb + Core Content + Result, Purpose, or Impact

- Developed programs that increased circulation of weekly newspaper by 6% and tracked progress
- *Raised* <u>\$1250</u> from the freshman class for the Public Service Center
- *Photographed* <u>350+</u> participants and their families <u>for the closing ceremony slideshow</u>
- Developed an iteratively revised design for a purpose build accelerometer to explore acceleration changes in microgravity.
- Researched commercial components to determine their suitability for use in the creation of a video conference kiosk
- Organized a fall event with <u>\$16,000</u> budget and over <u>1500</u> attendees

It is important to diversify your bullet points and to align them with the job description. Do not repeat yourself, even if your experiences are similar. Focus on different experiences, activities, and skills that can display how you meet the requirements listed. Below, and on the next page, is a list of action verbs, aligned with transferable skills, which you can draw from when creating your bullet points.

Management Skills	Commun	ication Skills	Resea	rch Skills	Techni	cal Skills
administeredimprovedanalyzedincreasedassignedorganizedattainedoversawchairedplannedconsolidatedprioritizedcontractedproducedcoordinatedrecommendeddelegatedrevieweddirectedscheduleddirectedsupervisedexecutedupproved	addressed arbitrated arranged authored collaborated convinced corresponded developed directed drafted edited enlisted formulated	interpreted lectured mediated moderated negotiated persuaded promoted publicized reconciled recruited spoke translated wrote	clarified collected critiqued diagnosed evaluated examined extracted identified inspected	interpreted interviewed investigated organized reviewed summarized surveyed systematized	assembled built calculated computed designed devised engineered fabricated	maintained operate overhauled programmed remodeled repaired solved upgraded
	influenced					Page 3

## **Action Verb List (Continued)**

Teaching Skills	Financial Skills	Creative Skills	
advised clarified coached communicated coordinated demystified developed enabled encouraged evaluated explained facilitated guided informed instructed persuaded set goals stimulated trained	administered allocated analyzed appraised audited balanced budgeted calculated computed developed forecasted managed marketed planned projected	acted conceptualized created customized developed directed established fashioned founded illustrated initiated instituted integrated introduced invented originated performed planned revitalized shaped	
Helping Skills	Administrative Skills	More Verbs for Accomplishments	
assessed assisted clarified coached counseled demonstrated diagnosed educated expedited facilitated familiarized guided motivated referred rehabilitated represented	approved arranged catalogued classified collected compiled executed generated implemented inspected monitored operated organized prepared processed purchased recorded retrieved screened specified systematized tabulated validated	achieved expanded improved pioneered reduced resolved restored spearheaded	<section-header><section-header><section-header><text><text><text><text><text><text><text><text><text><text><text><text></text></text></text></text></text></text></text></text></text></text></text></text></section-header></section-header></section-header>
			1



### **Resume Dos and Don'ts**

Adapted from The Damn Good Resume Guide. Yana Parker, Berkley, Ten Speed Press, 2012.

Dos	Don'ts			
Keep your resume to 1 page!	Use an unprofessional email address			
Use consistent formatting throughout	Use different formats (8/16   Aug 16   8.2016)			
Use bullet points	Describe your experience in paragraph form			
Tailor your resume to each position	Use one resume for all applications			
Update your resume at least once per semester	Reveal personal details (gender, religion, sexual orientation, citizenship)			
Use bold, underline, and italics sparingly	Use bold, underline, and italics frequently and/or together			
Use a clean, easy to read sans-serif font	Use decorative fonts, colors, or infographics*			
Use at least a 10-12 pt font size for your bullet points. Use at least a 16pt font size for your name.	Ever, ever use a font size below 10ptno one can read it			
Use narrow margins (.5") in order to fit more content in and allow it to be easily printed	Create custom margins that go below .5", as it will not print well			
Send your resume in a PDF format	Send your resume in a .doc or .docx format, unless specifically requested			
Include both month and year when writing your dates	Include the day, semester (Fall), or only the year when writing your dates			
Use simple, every day language	Use overly technical language that may confuse the reader			
Be 100% honest on your resume	Lie or embellish your accomplishments			
Print your resume on quality paper when distributing in person	Repeat yourself			
Have a PCA or a Career Counselor review your resume!	Send out your resume without a critique.			

#### 12 pt font for contact information, 10 or 11 point for body of your resume Your (Nickname) Name in 18-24 Point, Bold Current (or Permanent) mailing address • Phone • Professional e-mail address • LinkedIn address **OBJECTIVE/SUMMARY(optional)** Seeking position with type of company (or industry), utilizing skills (~3) **EDUCATION** Rice University, Houston, TX Bachelor of Art (or Science) in (major) Month & Year of Graduation Minor: \_\_\_\_\_ | GPA (or GPA in Major): \_\_\_\_\_ (Optional- Only if 3.5 or higher) Foreign University/Community College Study Abroad/Associate of Art (or Science) in (major) Month & Year of Completion **RELEVANT COURSEWORK** (Optional) List classes related to your career goals. Do not abbreviate or list catalog numbers. You can use columns to format. **RELEVANT PROJECTS/RESEARCH** (Optional) Project Name, Rice University, Houston, TX Month & Year – Month & Year • List your accomplishments and what you learned/skills you gained • Use action verbs to integrate transferable skills into your bullets to better explain what you did • Whenever possible, be sure to quantify **EXPERIENCE** (List in reverse chronological order) **Position Title/Role** Month & Year – Month & Year Company/Organization, City, ST • Put your strongest selling point first! Look at the job description to garner what is most important to employer • Focus on actual accomplishment and results, not just job duties • Provide details regarding the context of your responsibilities and how it impacted the organization Quantify any results whenever possible and use industry keywords (found in job description/OOH) **Position Title/Role** Month & Year – Month & Year Company/Organization, City, ST • Begin each bullet point with a strong action verb • Be consistent with your tenses; if it happened in the past, use past tense • Avoid repetition; try not to use the same words and/or phrases over & over again SKILLS Computer skills:

Language skills: Industry-Specific skills: (Optional – Some industries have many, some have none)

ACTIVITIES/HONORS/INVOLVEMENT (If you held a leadership position, describe accomplishments)

- Professional Association, Title
- Student Organization, Title

Sample Resume

Month & Year – Month & Year Month & Year – Month & Year

Single Space, Opt Before & After Line Spacing, Narrow Margins (.5")—

### Jane Freshman

\* \* \*

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123 Parent's Hous Hometown, TX 55		555 555-5555 janesofresh@gmail.com
Objective	To get into a good university where I can get a me for a job in the business world after gradua	
Education	Hometown High School GPA: 4.2/4.0 SAT: 1430 ACT: 26 AP Calculus: 5	Hometown, TX
Honors/Awards	Hometown High School Honor Roll National Merit Scholor Book Award National Honor Society <i>Treasurer</i> TX State All-Academic Team- Basketball	Grades 9 – 12 Grades 9 – 12 Grades 10 – 11 Grades 10 – 12 <i>Grade 12</i> Grades 10-12
Extracurricular	High School Paper <i>Chief Editor</i> Student Council Varsity Basketball HHS Connect Leader Actively Caring Club Freshman Band	Grades 9 – 12 <i>Grade 12</i> Grades 10 – 12 Grades 9 – 12 Grade 11 Grades 9-12 Grade 9
Employment	Mister Mario's Pizza <i>10 hrs/wk</i> Tutor	Grades 10 – Present Grade 11
Volunteering	5 hrs/wk Church Acolyte 1 hr/wk	Grades 9 – Present
	Relay for Life participant I raised over \$500 dollars each year	Grades 10 – 12
	Dog-Gone-It Pet Rescue 2 hrs/wk	Grade 9
Interests	Guitar, photography, travel, reading	Page 7

### Sample College Freshman Resume

### Jane Freshman

Houston, TX 77005 • 555 555-5555 • jane.freshman@rice.edu • linkedin.com/in/janefreshman

#### EDUCATION

**Rice University,** Houston, TX Bachelor of Arts in Political Science

High School Name, City, ST Awards: National Honor Society, National Merit Scholar GPA: 3.8/4.0

#### **RELEVANT COURSEWORK**

Urban Studies, Legal History, Policy Studies, Statistics

#### EXPERIENCE

**Rice Giving Campaign**, Houston, TX Class of 2019 Co-Chair

- Led freshman team in soliciting donations for annual giving campaign
- **Trained** 12 members from the freshman class in fundraising activities, and set and monitored individual and team goals to raise \$1,250 for Public Service Center
- Organized a week-long schedule for 12 team members to staff a booth
- Achieved 31% participation within the freshman class, <u>higher than that of sophomores</u> and juniors

#### High School Newspaper, City, ST

Chief Editor

- Produced weekly newspaper with full responsibility for proofreading all content prior to publication and authoring two to three articles per issue
- Trained and oversaw staff of 14, leading weekly meetings and offering continuous support regarding content and page design
- Collaborated with adviser to plan each issue, including production calendar
- Developed programs that increased circulation by 6% and tracked progress

#### Tutor, City, ST

- Provided weekly, individual instruction to 5 students in advanced algebra
- Students grades increased overall by 20% at end of semester

#### **ACTIVITIES AND AWARDS**

National Honor Society, City, ST Treasurer

**Organization Name,** City, ST Volunteer

#### SKILLS

Computer: Microsoft Word, PowerPoint, Excel, MatLab Languages: Basic Spanish

August 2014 - May 2015

January 2014 - May 2014

August 2014 - May 2015

August 2013 - May 2014

November 2016 - April 2017

High School information can be included freshman year, but should drop off

sophomore year.

May 2020

May 2016

To write bullets:

and set and <u>Center</u>
<u>Center
</u>



### Sample Mechanical Engineering Job Description

### Mechanical Engineering Job Description and Sample Resume

Following is a job description for a Mechanical Engineer. When writing your resume, **tell your story using examples** of your experience, knowledge, skills and abilities that are **most relevant to the prospective position and employer**.

#### **Qualifications:**

If you have a PhD, master's, or bachelor's degree in mechanical, aerospace, or automotive engineering or in a similar discipline, apply for a position as a Mechanical Engineer.

#### Mechanical Engineer

#### Job Summary:

Mechanical Engineers work under general direction, applying their skills and expertise to generate solutions that require development or sustainment of new or improved techniques, procedures, or products. Responsibilities include assisting with planning, conducting, and evaluating approaches to meet project objectives in a timely, cost-effective fashion.

Successful Mechanical Engineers are self-motivated and **work effectively in team or individual situations**. They have excellent communication skills and can handle **multiple projects and activities simultaneously**.

#### **Essential Responsibilities and Duties:**

- Analyze, design, develop, and maintain products; assist in commercialization.
- Assist in identifying and organizing requirements. Apply usability procedures and principles at project or product-line level or through customer input.
- Build prototypes, products, and systems for testing; set up and run laboratory simulations.
- Design testing procedures and coordinate testing. Conduct tests, **document results**, and **develop client presentation**.
- Conduct and/or participate in technical reviews of requirements, specifications, designs, codes, and other artifacts.
- Evaluate engineering approaches and risks to produce and iterate development plans.
- Train and support clients and field representatives.
- Identify and keep abreast of novel technical concepts and markets.
- Contribute to design standards and support design reuse.
- Author technical reports, papers, articles, presentations, and patents.

#### **Qualifications:**

• PhD, master's, or bachelor's degree in mechanical, aerospace, or automotive engineering or in a similar discipline.

## Sample Mechanical Engingeering Resume

### Thomas Meche

thomas.meche@rice.edu | 555-555-5555 | linkedin.com/in/thomasmeche | Houston, TX 77005

#### EDUCATION

Rice University, Houston, TX

Bachelor of Science, Mechanical

Engineering GPA: 3.7/4.0

Relevant Coursework:

Statics, Dynamics, Engineering Analysis, Mechanics of Materials, Fluid Mechanics, Measurement and Instrumentation, Mechanical Engineering Thermodynamics, Industrial Processes, Elements of Material Engineering, Machine Design

#### RELEVANT EXPERIENCE AND PROJECTS

#### **Senior Design Project**

Rice University, Houston, TX

- Completed project at DEF Company, a manufacturer of machine tools for the sheet metal industry.
- Assisted engineering department in designing straight hand seamer used in bending, seaming and flattening sheet metal.
- Created models using SolidWorks and incorporating input from cross-functional product development collaborations.
- Contributed idea for change in handle design that is expected to improve comfort and safety when gripping the seamer. Product is currently in preproduction testing phase.
- Documented results and presented final project presentation to company employees and Rice faculty.

#### **Machinist and Welder**

ABC Machining Company, Houston, TX

- Developed fabrication and machine shop skills, managing multiple projects simultaneously and completing all projects on time and to specifications.
- Handled welding assignments that involved installing, repairing and fabricating materials, Became adept at reading blueprints, drawing and fulfilling work orders.
- Demonstrated advanced skills in operating equipment and machines including CNC machines, cutting machines and hydraulic presses for the fabrication of mechanical components.

#### Intern

Engineering Business Solutions, Houston, TX

- Completed four-week training course in PL/SQL and Visual Basic.
- Contributed as member of team developing new version of key software product.
- Developed reports according to client specifications.
- Interacted and collaborated with team members, supervisors and client contacts.

#### Jones College Associate Justice

- Communicated with students in response to various issues and complaints.
- Mediated disputes between students.
- Managed and followed through with the registration of student events within Jones College.

#### SKILLS

#### Computer: AutoCAD, SolidWorks, MS Project, MATLAB, MS Excel, MS Word, Visual Basic, PL/SQL, C, C++

September 2015 – May 2016

May 2015 – September 2015

September 2013 - May 2014

January 2016 – May 2016

May 2016

## Rice Center for Career Development Resume Checklist

Layout & Appearance	Yes	No	Comments
Is name at the top of the page in an easy to read font? Are address, phone number, email, and LinkedIn also easy to read and on one line?			
Is resume an appropriate length (1 page preferred)?			
Is formatting (e.g., font, bullet sizes, heading styles, bold and caps) consistent throughout the resume? Are the headings and bullets evenly spaced?			
Are verb tenses in the present tense for current positions? Are verb tenses in the past tense for previous positions?			
Are there approximately 2-4 statements per position?			
If using bullet points, are the bullets an appropriate size and is there space between the bullet and text?			
Is punctuation consistent?			
Is the resume polished and appealing to read, with sections clearly labeled?			
Is the resume free of typographical errors and misspellings?			
Content			
Are the following headings included: Education, Experience, Activities, Skills (variations may exist like Research Skills or Technical Skills)?			
Do entries in Activities and/or Honors demonstrate additional skills or experiences as opposed to listing numerous extracurricular activities?			
Does the Education section state official degree and expected graduation date? Is GPA (if over 3.0 or required) included? Is GPA accurate?			
In Relevant Courses, do the courses (named, not listed as numbers) demonstrate a higher level or relevant supplementary knowledge?			
Do the bullets in Experience section begin with action verbs? Are a variety of action verbs utilized in the section?			
Do the statements demonstrate accomplishments rather than routine tasks/ duties?			
Are statements written in short and concise phrases that give enough detail to pique interest without being repetitive/excessive in description?			
Does the resume list honors and/or special skills such as languages, programming skills, etc.?			
Do bullets follow the formula: action verb + core content + results/purpose/ impact?			
Are results stated in bullet form quantified (Ex. Increased efficiency by 20%)?			