



PARENT

4-YEAR CAREER ACTION PLAN

1 FRESHMAN EXPLORE OPTIONS

- DISCOVER**
Browse the programs, resources and services that CCD has to offer. Visit ccd.rice.edu.

Encourage your student to **make an appointment** with a counselor to learn about our programs, resources and services.
- SUPPORT**
Support your student in exploring new areas of study and interests.

Career and personality assessments such as the Strong Interest Inventory and the Myers-Briggs Type Indicator can help with this process.
- ENCOURAGE**
Encourage your student to begin developing a **work-related or skills-based resume**.

The Guides & Presentations section of our website provides resources and examples for getting started.
- SHARE**
Provide perspective by **sharing your own career journey**.

Join the Sallyportal in October to share advice about networking, interviewing, transitioning into the first job and more!

2 SOPHOMORE RESEARCH CAREER & INDUSTRY

- BE PATIENT**
Your student may experience indecision regarding major or career choice.
- CONNECT**
Direct your student to family, friends or colleagues in fields and industries of interest.
- OFFER FEEDBACK**
Provide insight to your student on what you have observed to be their strengths and interests.
- SUGGEST**
Recommend that your student enroll in UNIV 212: Career and Life Options, and meet with a career counselor.

3 JUNIOR DEVELOP PROFESSIONAL SKILLS

- ENCOURAGE**
Remind your student that it is never too soon or too late to seek an internship or summer job.
- SEEK PERSPECTIVE**
Have colleagues or hiring professionals review your student's resume and cover letter.
- BUILD WARDROBE**
Help your student dress for success.
- SHARE CONTACTS**
Provide names of professionals who may be a useful resource. Let your student conduct the job search – not you!

4 SENIOR EXPAND YOUR NETWORK

- UTILIZE RESOURCES**
Encourage your student to attend career and internship expos, informational workshops, networking sessions, and meet with a career counselor to refine professional communication skills and job search strategies.
- EMPATHIZE & SUPPORT**
Continue to provide support and positivity through the job search process – remember what it was like when you were applying and interviewing for jobs. Be sure not to project your own stress and anxiety on your student during this journey.

ABOUT THE CENTER FOR CAREER DEVELOPMENT

VISION

To empower all Rice students to find and make their place in the world.

MISSION

We believe all Rice students are capable of achieving their professional goals.

Our mission is to support this by

EDUCATING them on knowledge of self, career options and resources,

CONNECTING them with opportunities through the global Rice network and

EMPOWERING them with the confidence, skills and tools to achieve lifelong career fulfillment.

CONNECT WITH US



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RICE

Center for Career Development