



FRESHMAN EXPLORE

4-YEAR CAREER ACTION PLAN

1 EXPLORE & DEFINE



INTERESTS

Help others?
Read?
Research?
Lead?

SKILLS

Math?
Computers?
Solve Problems?
Write?

VALUES

Family?
Money?
Location?
Prestige?

PERSONALITY

Team-Oriented?
Detailed?
Empathetic?
Structured?

▶ Career counselors can help guide you through exploring and defining what each of these areas mean for you.

▶ Career and personality assessments such as the Strong Interest Inventory and the Myers-Briggs Type Indicator (MBTI) can help with the exploration process.

2 DISCOVER ACADEMIC RESOURCES



ENROLL IN UNIV 212

Explore interests and career options if you are not sure what to pursue after graduation.



SEEK LEARNING OPPORTUNITIES AT THE CENTER FOR CIVIC LEADERSHIP

Choose from community volunteer opportunities, leadership experiences and research projects.



CONSIDER STUDYING ABROAD

Gain a new perspective, one which will enhance your life and influence career options.



GET TO KNOW FACULTY

Take advantage of office hours and engage with your professors, both in and out of the classroom.



VISIT THE OFFICE OF ACADEMIC ADVISING

Navigate the academic process and learn about applying to professional and graduate programs.

3 GET INVOLVED ON CAMPUS



JOIN A CLUB OR ORGANIZATION

Expand and enrich your college experience.



BE ACTIVE IN YOUR COLLEGE

Connect with peers at activities and events

4 PARTICIPATE IN EVENTS



OWL EDGE EXTERNSHIPS

Learn about occupations and industries by completing a job shadowing experience.



UNDERGRADUATE RESEARCH FAIR

Find additional academic opportunities beyond the classroom.



CAREER & INTERNSHIP EXPOS

Network with company recruiters and learn about the different industries.

5 CONNECT WITH CCD

STAY UPDATED

@RiceCCD



INTERACT WITH ALUMNI

Join the OWL Career Mentor Network



READ & WATCH

OccupiedWithLife.blogs.rice.edu • TheCCDRice

WEBSITE & EVENTS CALENDAR

ccd.rice.edu • ccd.rice.edu/calendar



RICE

Center for Career Development

UNDECLARED? QUESTIONING YOUR MAJOR?

- Meet with a career counselor to learn about our resources.
- Not sure what you are interested in? Strong Interest Inventory can help you discover majors and careers that fit your needs.
- Look through the Rice University Course Catalog to find majors that have classes of interest to you.
- Talk to faculty and students in areas of study you are considering to get an idea about the major.
- Explore career options though the Owl Edge Externship job shadowing program.

TO DO THIS YEAR:

- MEET W/CAREER COUNSELOR
- TAKE INTEREST AND/OR PERSONALITY ASSESSMENTS
- GET INVOLVED ON CAMPUS
- COMPLETE AN EXTERNSHIP (OR TWO)
- CONNECT WITH CCD ON SOCIAL MEDIA & THE OWL CAREER